

LeadingEdge BOOTCAMP

DEVELOPING LEADERS AT ALL LEVELS



Key Outcomes

Individuals leading positive change and driving results in all aspects of life.

• Self-Advocacy

Individuals become more self-aware, present their authentic selves to the world, and take initiative to meet and exceed their goals.

• Social Skills

Individuals improve their likability, collaborate with others, build relationships for a diverse network, influence each other, and share opposing points of view with professionalism.

• Emotional Intelligence

Individuals learn to regulate their emotions for positive outcomes, to relieve stress, to empathize with others, and to diffuse conflict.

• Resilience & Adaptability

Individuals learn to overcome obstacles, adapt to change quickly, and navigate uncertainty and complexity while maintaining high morale, engagement, and productivity.

HELP INDIVIDUALS ACHIEVE OPTIMUM RESULTS WHILE IN THEIR CURRENT ROLE

Students • Professionals • Technical Experts • Individual Contributors • Volunteers • Team

The *LeadingEdge BootCamp* ensures individuals at any level and any role in the organization, overcome obstacles, seize important opportunities, accomplish ambitious goals, achieve aspirations and reach their peak potential with joy and purpose.

In this full-day BootCamp, individuals come together in-person, to connect, collaborate, and learn in a safe, high-energy, environment. They will share ideas, engage in meaningful dialogue, explore practical models and practice proven techniques to help them maintain a leading edge at work and in all aspects of life.

Reflection, coaching, dynamic facilitation, peer practice and action-planning ensure individuals leave armed with the new relationships, mindsets, behaviors and skills needed to thrive today and tomorrow.

BootCamp Micro Workouts

(Recommended for 1-Day BootCamp)

Part I: Master Your LeadingEdge Mindset

- Envision Your Ideal Future
- Build Your Personal Brand
- Improve Personal Resilience
- Be a Valued Team Member

Part II: Improve Personal Resilience & Well-Being

- Improve self-awareness
- Practice self-regulation techniques
- Balance all aspects of daily life activities
- Energize your body, mind and soul

Part III: Build Your Social Capital

- Be a Valued Team Member
- Communicate Clearly & Concisely
- Manage Conflict Professionally
- Build and Nurture Lasting Relationships

NEED2BE[®]
OPTIMIZING HUMAN POTENTIAL